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LIST OF MEDICAL SERVICES, HOSPITALS AND AIR AMBULANCE SERVICES

For the Provinces of Alberta, Saskatchewan, Manitoba and the Northwest Territories

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DISCLAIMER: The U.S. Consulate in Calgary, Canada assumes no responsibility or liability for the professional ability or reputation of, or the quality of services provided by, the medical professionals, medical facilities or air ambulance services whose names appear on the following lists. Inclusion on this list is in no way an endorsement by the Department of State or the U.S. Consulate. If included, names are listed alphabetically, and the order in which they appear has no other significance. If included, the information in the list on professional credentials and areas of expertise are provided directly by the medical professional, medical facility or air ambulance service; the Consulate is not in a position to vouch for such information. You may receive additional information about the individuals and facilities on the list by contacting local medical boards and associations (or its equivalent) or local licensing authorities.

In the event of an emergency dial 911 when in Alberta, Saskatchewan, Manitoba and the Northwest Territories.

This guide is a basic introduction to medical and health services available in the Canadian Provinces of Alberta (AB), Saskatchewan (SK), Manitoba (MB) and the Northwest Territories (NWT). If you have not already done so, please read the disclaimer above.

Dialing "911" is a universal number in AB, SK, MB and the NWT and will bring emergency service (i.e. ambulance, police, fire department) to any locale or its environs. Tell the operator where you are and what the emergency is. In the NWT, provide your location and a call back number. The operator in AB, SK, and MB will connect you to the service you need. If you are at a pay phone, just dial 911; no money is required.

Each provincial government and territory operates its own health insurance program for permanent residents and legal residents. Visitors (e.g., tourists) are encouraged to make sure their own personal medical insurance provides adequate coverage while overseas or obtain medical insurance protection for international travel. U.S. health insurance is not recognized by the Canadian system. If you choose not to or do not qualify to participate in a Canadian Health Care Plan and you seek medical care, you will explain that you: 1) are not a resident of Canada; 2) do not have a health card; and 3) will be personally responsible for any charges incurred. If

you are dealing directly with a doctor, dentist or other health-care provider, you may need to pay immediately and seek reimbursement later through your U.S. insurance company. Most medical facilities will accept major credit cards. If you will be seeking reimbursement from your insurance company, be sure to obtain an invoice (not just a receipt indicating the amount you paid) from the health-care provider that includes the name of the provider, the address of the facility, the diagnosis, and the charge.

Canadian healthcare is similar to that found in the United States, but access can be an issue. All specialty care (i.e. specialist) requires referral from a primary care provider.

Family physicians provide primary care. Specialists are only seen when a patient has been referred by a family physician. In rare cases, where time does not permit the preliminary visit to a family physician first, specialists have been known to take individuals after the explanation has been made that the patient is personally responsible for payment, and a visit to the family physician would only increase the cost.

ALBERTA

Alberta Health Services (AHS) is the government entity that facilitates the provision and management of most health care services in the province. The AHS is a province-wide organization that also offers recommendations and health advice via a toll free line staffed by registered nurses and health care practitioners 24 hours a day. Call 1-866-408-5465 (Canadawide toll free number) or visit <u>Health Link</u>

To learn more about programs and services, to locate hospitals and facilities, finding a doctor in Alberta etc. visit the following websites:

https://www.albertahealthservices.ca/; and https://myhealth.alberta.ca/

College of Physicians & Surgeons of Alberta

The College of Physicians and Surgeons is the professional body in Alberta who issues practice permits, establishes policy, forms standards of practice, and mitigates complaints with physicians. This body maintains a comprehensive website which includes a *physician search tool* for those seeking medical services. http://www.cpsa.ab.ca/

For Public Inquiries: call 1-800-561-3899 (Toll free in Canada); Complaints: 1-800-661-4689 (Toll free in Canada)

Alberta Dental

You do not need a referral by a physician to obtain dental services. The **Alberta Dental Association and College** maintain a searchable database to help you locate services. Visit

https://www.dentalhealthalberta.ca/visiting-your-dentist/find-a-dentist/ or call Toll free (within Alberta) 1-800-843-3848

Air Ambulance Service

The provincial government contracts with a fleet of air ambulance providers who are linked into the 911 emergency system. Members of the public cannot make arrangements for provincial air ambulance assets independently. To learn more about public ambulance service in Alberta visit https://www.alberta.ca/ambulance-and-emergency-health-services.aspx

There are opportunities for individuals to charter air ambulance services from private companies. Three companies include **Alberta Central Air Ambulance Ltd** available at http://www.albertacentralairambulance.com/ or (780) 623 0023; **AMR Air Ambulance** (a U.S. based company) available at https://www.amr.net/solutions/air-ambulance.

Alberta Hospitals & Health Facilities

Below is a list of the **major** hospitals in Alberta. For a searchable comprehensive list of hospitals and health facilities, please visit https://www.albertahealthservices.ca/ and https://myhealth.alberta.ca/

Calgary:

Alberta Children's Hospital	Foothills Medical Centre	Peter Lougheed Centre
28 Oki Drive NW	1403- 29 Street NW	3500 26 Avenue NE
Calgary, Alberta	Calgary, Alberta	Calgary, Alberta
PH: 403-955-7211	PH: 403-944-1110	PH: 403-943-4555
Rockyview General	South Health Campus	
7007 14 Street SW	4448 Front Street SE	
Calgary, Alberta	Calgary, Alberta	
PH: 403-943-3000	PH: 403-956-1111	

Edmonton:

Alberta Hospital Edmonton	Royal Alexandra	University of Alberta
17480 Fort Road	10240 Kingsway NW	8440 112 Street NW
Edmonton, Alberta	Edmonton, Alberta	Edmonton, Alberta
780-342-5555	PH: 780-735-4111	PH: 780-407-8822
Grey Nuns Community	Misericordia Community Hospital	Stollery Children's Hospital
1100 Youville Drive W.	16940 87 Avenue	8440 112nd Street
Edmonton, Alberta	Edmonton, Alberta	Edmonton, Alberta
PH: 780-735-7000	PH: 780-735-2000	PH: 780-407-8822

SASKATCHEWAN

The Saskatchewan Ministry of Health maintains a free *non-emergency* provincial-wide health line. Call HealthLine at 811 for professional health advice or mental health support. HealthLine is a confidential, 24-hour health information and support telephone line for anyone in the province. This number will connect you to a nurse or medical professional who can provide medical advice or help you locate medical services.

For questions about government-sponsored health care eligibility visit **eHealth Saskatchewan** at https://www.ehealthsask.ca/residents/health-cards or call Toll Free 1-800-667-7551 (Canada & U.S.).

On December 4, 2017, the Saskatchewan health system was restructured to allow transition from 12 health regions to a single health authority called "Saskatchewan Health Authority", to improve the efficiency of the health system, reduce duplication of effort and ultimately, to improve point-of-care for people across the province.

Visit the websites below to locate various health care facilities in Saskatchewan and information of other programs and medical services.

https://www.saskhealthauthority.ca/facilities-locations or

http://www.saskatchewan.ca/residents/health/emergency-medical-services or

https://www.ehealthsask.ca/services;

Telehealth Saskatchewan

Saskatchewan offers telemedicine (aka "eHealth") services. Please visit the website or call Toll Free 1-855-347-5465 to contact Telehealth coordinator in your area.

https://www.ehealthsask.ca/services/telehealth or

http://www.saskatchewan.ca/residents/health/accessing-health-care-services/healthline.

Saskatchewan Dental

You do not need a referral by a physician to obtain dental services. The **College of Dental Surgeons of Saskatchewan** maintains a searchable database of practitioners to help you locate service. Visit saskdentists.com or call (306) 244-5072.

Air Ambulance Service

The Saskatchewan Health Authority provides road and air ambulance services at a cost. More information is available at https://www.saskatchewan.ca/residents/health/emergency-medical-services/ambulance-services.

There are opportunities for individuals to charter air ambulance services from private companies. Three companies include **Alberta Central Air Ambulance Ltd** available at http://www.albertacentralairambulance.com/ or (780) 623 0023; **AMR Air Ambulance** (a U.S. based company) available at https://www.amrairambulance.com/

Saskatchewan Hospitals and Health Facilities

Below is a list of the **major** hospitals in Saskatchewan. For a searchable comprehensive list of hospitals and health facilities, please visit https://www.saskatchewan.ca/residents/health or http://www.rqhealth.ca/

Royal University Hospital	Saskatoon City Hospital	St. Paul's Hospital
103 Hospital Drive	701 Queen Street	1702 – 20 th Street
Saskatoon, SK.	Saskatoon, SK.	Saskatoon, SK.
306-655-1000	PH: 306-655-8000	PH: 306-655-5000
Pasqua Hospital 4101 Dewdney Avenue Regina, SK. PH: 306-766-2222	Regina General Hospital 1440 – 14 th Avenue Regina, SK. PH: 306-766-4444	

MANITOBA

Manitoba has five **Regional Health Authorities** (**RHA**). Each RHA has a Board of Directors, which is appointed by the Minister of Health, Seniors and Active Living. The Health authority boards are accountable to the Minister of Health, Seniors and Active Living for the mandate, resources and performance of the health authority.

Following are the contact information for each **region**:

Interlake-Eastern Regional Health Authority 233A Main Street Selkirk, MB PH: 204-785-4700 /1-855-347-8500 Website: www.ierha.ca	Northern Regional Health Authority 84 Church Street Flin Flon, MB PH: 204-687-1300 /1-888-340-6742 Website: www.northernhealthregion.ca
Prairie Mountain Health P.O. Box 310 Shoal Lake, MB Toll-free: 1-800-735-6596 Website: www.prairiemountainhealth.ca	Southern Health-Sante Sud 180 Centennaire Drive Southport, MB PH: 800-742-6509 Website: www.southernhealth.ca
Winnipeg Regional Health Authority 650 Main Street Winnipeg, Manitoba PH: 204-926-7000 Website: www.wrha.mb.ca	

Call **Health Links Manitoba** at 204-788-8200 and toll-free province-wide at 1-888-315-9257, available 24 hours a day, 7 days a week. Skilled Registered nurses offer health information and support to those in need and may help the caller decide if they need further direct help like the Urgent Care Centre or an Emergency Department.

The **Manitoba College of Family Physicians** maintains a directory of physicians available at http://cpsm.mb.ca or you may contact them at (204) 774-4344 or Toll Free province-wide at (877) 774-4344.

Family Doctor Finder can also help find a team of healthcare professionals including family doctors and /or nurse practitioners as part of home clinic that provides with a base for health care

needs. To register by phone, call 204-786-7111 (in Winnipeg) or Toll-free at 1-866-690-8260 or email fdf@gov.mb.ca

TeleCARE Manitoba

This is a telephone-based program that helps Manitobans with heart failure or Type 2 diabetes manage their condition. This program is targeted to Manitobans with limited access to chronic disease management services and support. To get into the program, your health care provider can send a referral to the program team or you can call 204-788-8688 or toll free at 1-866-204-3737 to enroll.

Manitoba Dental

You do not need a referral by a physician to obtain dental services. The **Manitoba Dental Association** maintains a searchable database to help you locate service. Visit https://www.manitobadentist.ca/registries-dr.cfm or call Dental Association at (204) 988-5300.

Air Ambulance Service

STARS helicopter Air Ambulance - Shock trauma Air Rescue Society (STARS) is a charitable, non-profit organization, contracted by the Manitoba Government to provide rapid and specialized emergency medical care and air transport for critically ill and injured patients. https://stars.ca

Charter Ambulance Services:

Fast Air Executive Aviation Services - Offers charter fleet of Turbo-prop, rotary wing and business Jet Aircraft. Fast Air operates out of a private, executive class terminal at the Winnipeg Richardson International Airport. Visit https://flyfastair.com/ or call PH: 204-982-7240 (24 hours); MedEvac Toll Free Phone: 1-888-982-7245.

Perimeter Aviation LP - provides 24-hour service and is available for charter. Visit them at https://perimeter.ca/contact-us/ or call 1-800-665-8986.

AMR Air Ambulance - offers air medical transportation all across the world. The busiest locations are in the United States, Canada and Mexico. Visit them at

https://www.amr.net/solutions/air-ambulance or call toll free in the U.S. PH: (800) 424-7060; international 01 (720) 875-9182.

Quick Care Clinics

"QuickCare" clinics offer *non-emergency care* in some cities. These clinics are staffed by registered nurses and nurse practitioners who can help prevent, diagnose and treat minor health issues, saving a trip to the emergency room or having to wait for regular provider. If you aren't sure if you should go to QuickCare clinic or an emergency room, call Health Links at (204) 788-8200 or toll-free at 1-888-315-9257.

For information about additional care facilities, visit https://www.southernhealth.ca/en/finding-care/find-a-service/clinics/quickcare-clinic/

Following are the Quick Care walk-in clinics:

363 McGregor Street	101-381 Stonebridge Crossing	Unit 3, 1020 Manitoba
Winnipeg, Manitoba	Steinbach, Manitoba	Avenue
PH: 204-940-1963	PH: 204-326-7569	Selkirk, Manitoba
		PH: 204-482-4399

Winnipeg Area Health Services

For more information on Health Services in Winnipeg, visit the following websites: www.wrha.mb.ca and http://mb.211.ca/.

Manitoba Hospitals and Health Facilities

Below is a list of the **major** hospitals in Manitoba. For a searchable comprehensive list of hospitals and health facilities, contact the Regional Health Authorities (RHA) listed above or visit the following website http://www.gov.mb.ca/health/hospitals.html

Health Sciences Centre (HSC)	St. Boniface Hospital	Concordia Hospital
820 Sherbrook Street	409 Taché Avenue	1095 Concordia Avenue
Winnipeg, Manitoba	Winnipeg, Manitoba	Winnipeg, Manitoba
PH: 204-787-3661	PH: 204-233-8563	PH: 204-667-1560
Toll Free: 1-877-499-8774		
Seven Oaks General Hospital	Grace Hospital	Victoria General Hospital
2300 McPhillips Street	300 Booth Drive	2340 Pembina Highway
Winnipeg, Manitoba	Winnipeg, Manitoba	Winnipeg, Manitoba
PH: 204-632-7133	PH: 204-837-0111	PH: 204-269-3570

NORTHWEST TERRITORIES (NWT)

NWT TeleHealth is your family health and support line. An initiative of Health and Social Services, Government of the NWT. It's free, confidential telephone service that you can use to get advice from a nurse. It offers round-the-clock advice and access to information from registered nurses in order to help you decide on your first step. It's not for emergencies. If you have an emergency, call your local health center or go to the hospital. Toll Free: 1-877-656-1595.

For questions about government-sponsored health care eligibility, call Health Services Administration at 1-800-661-0830 or visit http://www.hss.gov.nt.ca

NWT Dental

NWT Dental Association maintains a database to help you locate services. Visit http://www.nwtnudentalassociation.ca/

Air Ambulance Services

In the NWT, highly-specialized Air Ambulance Service ACCESS (Aeromedical Critical Care Emergency Service Specialists) is a partnership between Air Tindi Ltd. And AMS (Advanced Medical Solution). ACCESS Air Ambulance has 2 operational bases, one in Yellowknife and one in Inuvik. They transport critical, emergent and urgent patients while also performing repatriation flights to return patients to their communities. They provide emergency support services to other jurisdictions including Nunavut, Yukon, Alberta and British Columbia.

For additional information, call (867) 669-9111 or visit http://accessairambulance.ca/ and Advanced Medical Services (AMS) http://advancedmedic.com/

NWT Hospitals and Health Facilities

A comprehensive list of hospitals and health centers in the NWT can be accessed from https://www.hss.gov.nt.ca/en/hospitals-and-health-centres

NWT Medical Association maintains a directory of physicians. You may contact them at:

P.O. Box 1732 Yellowknife, NT X1A 2P8

Phone: (867) 920-4575 Fax: (867) 920-4575